



# Teladoc

## Access to high-quality care at a lower cost—with **\$0 COPAY\*!**

Telemedicine offers physician-based care around-the-clock at lower costs compared to visiting an urgent care center or emergency room. Plan members can use readily available technology and tools — toll-free number, secure website, or mobile app — to consult with a U.S. board certified physician.

With access to doctors 24 hours a day, 365 days a year, Teladoc provides low cost telemedicine that can help improve outcomes, speed recovery and eliminate wait time.

## Convenient care from board-certified physicians

Plan members can consult with a licensed physician by: calling a toll-free number; logging into a secure website; or using the mobile app. Physicians can prescribe medication when needed. A wide range of non-emergency conditions may be treated, including:

- acne
- allergies
- cold and flu
- constipation
- cough
- diarrhea
- urinary tract infections
- ear problems
- fever
- headache
- insect bites
- nausea
- pink eye
- rash
- respiratory problems
- sore throats
- vaginitis
- vomiting

*\* If you are currently participating in an High Deductible Health Plan (HDHP), your copay may be more if you have not satisfied your in network deductible.*

## To take advantage of this great benefit, contact:

- Call **1.855.Teladoc (835.2362)**
- Visit **[www.Teladoc.com/Aetna](http://www.Teladoc.com/Aetna)**
- Go to **[Teladoc.com/Mobile](http://Teladoc.com/Mobile)** to learn more or download the mobile app from the App Store or Google Play